

Sheila Frampton-Cooper  
*Appliqué + Piecing = New Possibilities*

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FiberArtWorkshops.art

**Class Description:**

Participants will be provided with small compositions to assemble and become comfortable with the technique. I will provide guidance in regard to creating a drawing for a larger piece, and show some of the steps involved while creating my work.

By using this technique, you can bring almost any complex abstract or realistic idea into quilt form. You will retain a clean, graphic look and when complete, you will have a quilt top pieced together with a 1/4" seam allowance.

**Supply List:**

- 100% cotton fabric, preferably solids **LIGHT/MED/DARK VALUES FOR EACH COLOR** (details below) Textured prints are welcome in this workshop. Fat quarter packs will also work well in this workshop.
- Sewing machine (Your sewing machine must play well with very fine thread.)
- Superior Threads MonoPoly™ Thread (Only this brand, and make sure it is translucent and not black.)
- Lightbox for tracing (which can be purchased on Amazon or an art supply/hobby store)
  - **CLICK HERE** to see what is available on Amazon.
  - There are several options on Amazon, but this one is quite affordable and is well reviewed.
- Needles (Microtex Sharps #60/8 or #70/10) This is very important because you will be sewing with very fine thread.
- Freezer paper
- Regular black Sharpies. **It must be black and be a Sharpie, no other brand or color.** (Also, not thin or super thick, just the normal size. You will understand why in class...)
- Liquid Stitch fabric glue or Elmers
- Old fashioned starch (Ironing spray, firm finish)
- Very sharp, very small scissors
- A #4 round paintbrush. (Natural bristles work best)

- A very small container with a lid. (An empty prescription bottle works well)
- Sketchbook (for note taking, drawing etc.)
- Regular pencil w/eraser
- Colored pencils (optional)

\*If you do not have a lot of fabric on hand, it's more important that you have several different values of each color you will be using. You can create dynamic work using a very limited palette.